

## **JOIN IN THE FUN!**

2024 Recreation Schedule for the week of May 6-10



# Classes fill up fast. Please sign up in advance for activities by scanning the QR code below

More info and meeting locations are located on the back of this sheet. For questions or concerns, please call EXT.1061 on Monday. An LDS Church service is held on Sundays at 9 am at the Cliff Lodge, in the Maybird Room.

Monday		
8:00-11:00	Morning Hike or Snowshoeing	
8:15-9:00	Managing Stress & Meditation	
10:00-11:00	Pool Exercise	
11:15-11:45	Coloring & Story Time 5-12 years	
11:30-12:30	Beginning Cribbage	
1:30-2:30	Kids Games 8-12 years	
2:00-2:45	Bingo *	
3:30-4:30	Five Crowns	
6:00-7:00	Owners Social	

	Tuesday
8:00-11:00	Morning Hike or Snowshoeing
8:15-9:00	Managing Stress & Meditation
10:00-11:00	Pool Exercise
11:15-12:00	Kids Games 8-12 years
12:00-12:45	Little Pieces of Snowbird \$
1:00-1:45	Flora & Fauna
3:30-4:30	Cribbage

	Wednesday
8:00-11:00	Morning Hike or Snowshoeing
8:15-9:00	Managing Stress & Meditation
10:00-11:00	Pool Exercise
1:00-1:45	Geology
1:00-1:45	Relaxation & Coloring 14 & Up
2:00-2:45	Dice
3:00-4:00	Golf (no clubs necessary)
3:00-4:00	Yoga
3:00-4:00	Wilderness Survival Class

## Thursday

8:00-11:00	Morning Hike or Snowshoeing
8:15-9:00	Managing Stress & Meditation
10:00-11:00	Pool Exercise
11:15-11:45	Take and Make 9-12 years
12:00-2:00	PG13 Movie
1:30-2:30	Advanced Cribbage



## **Friday**

8:00-11:00 Morning Hike or Snowshoeing

# Sign Up 回路回 Online 回路

Cliff Club Guests: Please put a 5 in front of your room number.

\*Requires confirmation number \$ Fee required, cash only

# Classes fill up fast. Please sign up in advance for activities you would like to participate in by calling Ext. 1061. All activities are hosted at the Iron Blosam Lodge.

#### **HIKES & SNOWSHOEING**

Hikes are weather dependent. Wear sunscreen and appropriate shoes or boots and bring water. PLEASE NOTE: You must drive yourself to the trailhead if the hike does not start from the lodge.

### Morning Hike or Snowshoeing

Come on a beautiful morning hike or snowshoe outing with us. Activity depends on trail/snow conditions

## **CHILDRENS ACTIVITES**

#### **Coloring Snowbird and Story Time**

Come color things you might find at Snowbird. Meet at the Wildflower, Level 3, Iron Blosam Lodge.

#### **Kids' Games**

For ages 8-12, this activity may be inside or outside depending on the number of participants. Parents are welcome. Meet at the Wildflower, Level 3, Iron Blosam Lodge.

#### Take & Make

Come grab a project and take it to your room, or stay and make it with us! Meet at the Wildflower, Level 3, Iron Blosam Lodge.

## **GAMES IN THE WILDFLOWER**

## Cribbage

Come play and/or learn to play cribbage. Limited to 10 people. Meet at the Wildflower, Level 3, Iron Blosam Lodge.

Dominoes/Yahtzee

Limited to 10 people. Meet at the Wildflower, Level 3, Iron Blosam Lodge.

#### Dice

A different dice game every day. Must be able to count to 100. Limited to 10 people. Meet at the Wildflower, Level 3, Iron Blosam Lodge.

#### Golf

It's not what you think. Leave your clubs at home. Limited to 10 People. Meet at the Wildflower, Level 3, Iron Blosam Lodge.

#### **Five Crowns**

An intriguing card game. Meet at the Wildflower, Level 3, Iron Blosam Lodge.

## **Bingo**

Bingo is a longtime favorite at the lodge. Spots are limited, so make sure you sign up early! You may only sign up for 1 session and you must show up with your confirmation number. You may only sign up for your room occupancy and only for your room. Yes, we know what room you are calling from. Meet at the Wildflower, Level 3, Iron Blosam Lodge.

#### Movie

PG-13 and 17+ rated films will be shown in the Wildflower on Level 3. See schedule on other side.

### **RELAXATION & EXERCISE**

#### **Managing Stress and Meditation**

Learn some techniques to help cope with our new normal, as well as help managing stress. Limit 10 people. Meet at the Wildflower, Level 3, Iron Blosam Lodge.

#### **Pool Exercise**

Music with water exercise. Meet at the West Pool, Level 3, Iron Blosam Lodge.

### Relaxation Coloring for Adults 14 & Up

Color beautiful pictures in vibrant colors. Limited to 10 people. Meet at the Wildflower, Level 3, Iron Blosam Lodge.

## **OUTDOOR ACTIVITES & GAMES**

#### Flora & Fauna

Take a short walk around the lodge to identify the flora and fauna. Meet in front of Iron Blosam Lodge.

## Geology

Take a short hike to see some of the geologic featuresnear by. Meet in front of Iron Blosam Lodge.

## **CLASSES**

#### Little Pieces of Snowbird

Take pieces of Snowbird with you in the form of a necklace (\$2).

#### Wilderness Survival Class

Learn some techniques for surviving in the wilderness.

#### **OWNERS SOCIAL**

Come socialize with your fellow owners. For those 21 and over only.

#### **PLEASE NOTE**

- The Owners Recreation Team is committed to providing safe and fun activities.
- Reservations are required for all activities.

